

Making Safeguarding Personal (MSP)



Everyone's business
Working together to
prevent harm and abuse

SAB East Sussex
Safeguarding
Adults Board

Safeguarding means protecting your right to live in safety, free from abuse and neglect. This includes stopping abuse wherever possible and preventing harm.

As the local authority, we have a legal duty to make enquiries where we think that an adult could be or is at risk of being abused or neglected. We make enquiries so we can work out what should be done to stop or prevent the abuse or neglect.

What is Making Safeguarding Personal (MSP)?

This is a way of making sure that you are involved and consulted regarding any concerns that are raised about abuse or neglect.

We take into account your individual circumstances and what you want to happen. We will talk together about the best way of keeping you safe and improving the quality of your life.

As part of this process we will:

- Listen to you
- Take you seriously

- Encourage you to speak out and express your views
- Help you to make choices and reach your own decisions
- Keep you informed and involved
- Tell you what will happen next

We will have regular discussions to see if anything has changed, check if your goals have been met, or whether you have any new goals. We may call the goal you set a 'safeguarding enquiry outcome'.

Who does safeguarding relate to?

- Any adult who appears to have needs for care and support.
- Any adult who cannot protect themselves as a result of their care and support needs.
- Any adult who is at risk of or is experiencing abuse or neglect.

Adult abuse and neglect...

- May be something that **happens once or multiple times.**
- Can be caused **by anyone, someone you know, another adult with support needs, a professional or a stranger.**
- Can **happen anywhere, including your own home, a care home, health setting or in a public place.**
- Adults at risk are **people over the age of 18 years old.**

How safeguarding works

When we receive a concern about possible abuse or neglect we will consider this under the Sussex Safeguarding Adults Policy and Procedures. A member of staff will contact you to discuss the concerns in more detail.

In order to make a plan to help you, we will ask you:

- To tell us as much as possible about what may be worrying you.
- If there are specific things which you would like to happen.

Involvement and support

We will ask who you would like to be involved to support you. This may be a family member or friend or instead you may like support from an advocate.

An advocate is someone who is appointed to provide support to a person to help them express their views and wishes.

You will also have an opportunity to speak in private with a professional if you wish. In certain situations, in which we have particular concerns about your safety and risk, we may ask to speak with you on your own.

Mental capacity

Mental capacity means being able to make your own decisions. If we think that you may lack mental capacity to be involved in the safeguarding process, we will carry out an assessment.

If you do not have the mental capacity then we will ask if there is anybody that you would like us to speak to on your behalf.

If there isn't anybody that you would like us to speak to we will ask an Independent Mental Capacity Advocate (IMCA) to meet you to listen to your views, feelings, beliefs and values.

The IMCA will give this information to us so that we can understand what you would want to happen.

Safeguarding enquiry outcomes: What you want to happen

Safeguarding enquiry outcomes can include:

- Stopping the abuse or neglect
- Feeling safe
- Making new friends and considering new opportunities
- Recovery or feeling better
- Having control
- Knowing where to go to ask for help
- Receiving an apology
- Knowing it won't happen to anyone else
- Having access to the criminal justice system

What happens at the end of the safeguarding enquiry?

We will:

✓ Keep you involved in any decision to end the enquiry.

✓ Check whether you have achieved the goals or outcomes you wanted.

✓ Check that you understand what you can do if you have any concerns or difficulties.

✓ Discuss with you whether we might need to review your safeguarding plan at a later date.

✓ Check that you now feel safe.

✓ Give you or your representative the opportunity to provide confidential feedback about the safeguarding process. This is so that we find out what went well and if there was anything that could be improved.

Report a safeguarding concern for an adult:



Call Health and Social Care Connect (HSCC):

0345 60 80 191



Email HSCC:

HSCC@eastsussex.gov.uk



Report a concern online:

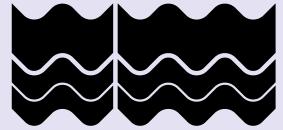
**eastsussex.gov.uk/
reportaconcern**

Getting this leaflet in other formats

If you need this leaflet in a different format, such as large print, easy read, audio recording, Braille or another language, please phone Health and Social Care Connect on **0345 60 80 191** (calls may be recorded).

It is also available in PDF form, which you can download from our website at:

eastsussexsab.org.uk



The board is a partnership of organisations working together to try to ensure that we support adults who may be most at risk of potential harm. Every adult life is unique, but we recognise that those with care and support needs may be particularly vulnerable to abuse and neglect in some circumstances.

For more information on the work of the East Sussex Safeguarding Adults Board:

Visit our website at www.eastsussexsab.org.uk

Follow us on Twitter [@SAB_EastSussex](https://twitter.com/SAB_EastSussex)

Email ESSAB.Contact@eastsussex.gov.uk

Phone us on 01273 335 277

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